
Over and Down

by Sean Snowden

In these emotional times
Just let it go
I'm face down, there's blood in my mouth
Just let it go

(Chorus)

It's not that bad
Over and Down
Welcome to the underground
Over and Down
Follow to the underground

I'm waiting for the day
To let it go
I've got a noose on
She's holding the end of the rope

(Chorus)